NEWSLETTER November 2025

SALON VIP The VIP Room

WELCOME TO THE VIP ROOM

I would like to introduce you to our new robot I purchased while in Europe. Here is a little information about it and some photos which show the new 'rain shampoo' technology. Some of you have already experimented with this new way of shampooing and I really hope you enjoyed it!

It looks like everyone is enjoying the VIP Room. Thank you for being so clever finding our place.

GOOD LUCK FOR MELBOURNE CUP!



Tips & Best Practices

- Always massage gently when applying cleanser/treatment; massage improves circulation, helps distribute products, and aids exfoliation.
- Be consistent. Scalp skin turnover takes time (usually a few weeks), so regular care shows results over time.
- Avoid overly harsh ingredients or frequent use of strong exfoliants if your scalp is sensitive. Alternate between treatment and maintenance.
- Rinse thoroughly. Product or scrub residue left behind can ironically cause buildup or irritation.
- Consider what else affects your scalp: diet, water hardness, stress, styling product choices.

Conclusion

Your scalp is the foundation. When you treat your scalp with intention — cleansing, treating, exfoliating, toning — your hair looks better, feels better, and grows better.



Why Your Scalp Matters

The scalp is where hair follicles live. If the soil (i.e. the scalp) is healthy, roots are stronger, and hair grows more reliably.

Build-up of oil, dead skin, styling product residues can clog follicles this can lead to dullness, irritation, excess shedding.

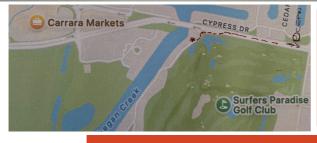
Just like facial skin, scalp skin can get inflamed, dry, or produce excess sebum; balancing it helps with comfort, appearance, and hair performance.

A Scalp Care Routine: Step by Step

Below is a recommended routine, plus AMR's pro-products to use at each stage.

Gentle Warm-Up & Massage Before Washing

Before applying shampoo, use a tool to stimulate the scalp, increase blood flow, dislodge light debris and help product absorption.



From Nerang Broadbeach Road, stay in the left bus lane with indicator on and stop at the back gate of Rhode Island. Call one of our mobiles and we will open the gate. First villa as you drive in. Don't forget it is before the bridge. Park in the visitors parking, we have 2 on either side of our Villa 6. Tim will be outside with open arms.

Happy birthday to all those born in November.

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